



Who should attend
Line Managers or Team Leaders

Duration
2 Days

Professional Coaching in the Workplace

Purpose of the workshop

Coaching is one of the most valuable skill sets in the modern workplace. Building upon basic managerial and leadership skills, coaching enables managers to progressively develop team members' performance towards achieving their full potential.

The 2-day Professional Coaching Workshop is a fully interactive programme that will develop a line manager's ability to coach team members towards high performance.

This practical programme gives a thorough insight into the benefits of coaching in the work place and provides the skills needed to enable team members to achieve their full potential.

Outcomes

- Understand the role of coaching, mentoring, leading and managing
- Understand the benefits of coaching as a process
- Prepare for effective and successful coaching interventions
- Develop the skills to coach teams towards high performance
- Learn how to coach through active listening techniques
- Understand the importance of values and beliefs
- Understand how behaviour and language influence outcomes
- Understand the importance of conscious choice
- Learn how to change perceptual positions
- Know how to develop the attitudes which create success in teams
- Lead teams through barriers and resistance
- Understand the gap within leadership between directing and guiding for performance

