
Who should attend

Junior Ranks and individuals who are not yet required to write an SJAR as a reporting officer.

Duration

Half Day

Influencing Your SJAR

SJAR Appraisee Half-Day Workshop

Purpose of the workshop

This is an interactive half-day workshop designed to help individuals get the most from their SJAR appraisal and to enhance individual performance and career progression. It equips individuals with the skills and knowledge to maximise their influence on the structure and content of their SJAR narratives and the formulation of rewarding objectives that are aligned to the Service needs. It also provides an overview of the SJAR process and explains how SJARs are viewed and assessed by the promotion board. The workshop provides up to date guidance on the key factors that make a successful SJAR appraisal.

Outcomes

- Understand the benefits of effective appraisals to the Service.
- Understand the importance of appraisals for the individual.
- Understand the SJAR process.
- Know how to prepare effectively for the annual SJAR process.
- Understand the role of the Mid Period Appraisal Review.
- Understand what is relevant to the Promotion Board.
- Set effective objectives.
- Take ownership of personal performance.
- Identify personal and professional training and development needs.

